

St Mary's Primary School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 04/02/19	Pasta Bolognese with Nann Bread or Fish Fingers Peas, Gravy Mashed Potatoes Melon or Yogurt	Chicken Crumble or Steak Burger, Gravy Sweetcorn, Pasta or Mashed Potatoes Jelly & Fruit/Biscuit	Cottage Pie, Gravy or Oven Baked Sausages Mixed Vegetables Mashed Potatoes Grapes & Frozen Yogurt	Roast Chicken or Chicken Wrap, stuffing ,gravy Carrots & Parsnips Mashed Potatoes Flake meal Biscuit, Fruit	Chicken Curry & Brown Rice with Naan Bread or Homemade Pizza with Salad or Sweet corn Chips Fresh Pineapple, Yogurt
Week Two 11/02/19	Grilled Bacon with Stuffing, Gravy or Irish Stew Cabbage, Mashed Potatoes Frozen Mousse & Fruit	Chicken Stir Fry or Chicken Nuggets Baked Beans or Peas Chips or Mashed potato Ice-cream & Fruit	Lasagne & nann Bread Chicken Crumble Gravy, Mixed Vegetables, Mashed Potatoes Fruit Salad, Yogurt	Chicken Curry & Rice Fresh Fish Goujons Carrots, Gravy Mashed Potatoes Jelly Whip & Fruit	Roast Pork, Apple Sauce, Stuffing Gravy Broccoli & Corn Oven Roast & Mashed Potatoes Melon, Yogurt
Week Three 18/02/19	Potato & Leek Soup Hot Dogs/Salmon Roll Salad/Coleslaw Grapes, Yogurt Flake meal Biscuit	Pasta Bolognese with Nann Bread Steak burger Mixed Vegetables, Mashed Potatoes or Jelly & Fruit	Chicken Goujon or Homemade Pizza Sweetcorn, Mashed Potatoes or Chips Melon, Yogurt	Roast Turkey, Stuffing Gravy, Carrots & Parsnips Mashed Potatoes Strawberry Shortcake or Yogurt	Chicken Curry & Rice or Fish Fingers Gravy, Carrots Mashed Potatoes Fruit Salad, Yogurt
Week Four 25/2/19	Savoury Mince or Oven Baked Sausages Sweet-Corn, Gravy Mashed Potatoes Krispie Square, Fruit	Chicken Curry or Fish Fingers, Gravy Mixed Vegetables Mashed Potatoes Or Pasta Fresh Pineapple, Yogurt	Lasagna & Nann Bread Steak Burger Peas, Gravy Mashed Potatoes or Potato Wedges Jelly & fruit	Chicken Goujons Homemade Pizza Selection of Salads or Baked Beans, Chips or Mash potato Ice-cream Wafer, Fruit	Gammon & Parsley Sauce Cauliflower Cheese or Carrots, Pasta or Mashed Potatoes Flake Meal Biscuit

school food

www.schoolfoodni.com
Bread, Fresh Fruit,
Yoghurt, Milk and Water
are available daily

If you require any additional information on allergens or special diets please contact the school in the first instance

