



**We are excited to announce a NEW
series of FREE workshops for
parents/carers**

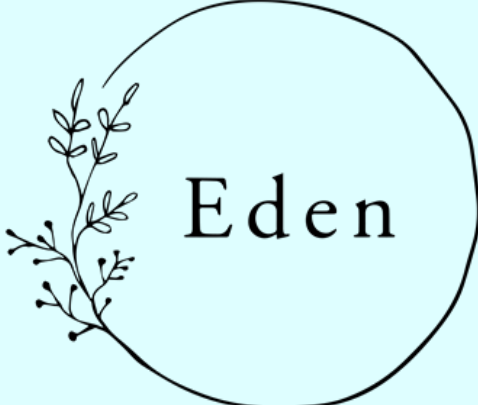
**Delivered online via Zoom together with
Rebecca from Eden Consultancy**

Parenting a neurodiverse child

A series of 4 workshops

Sep/Oct 2022

**For more information or to book a
place call 0808 8020 400**



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Session ONE

The Diagnosis journey.

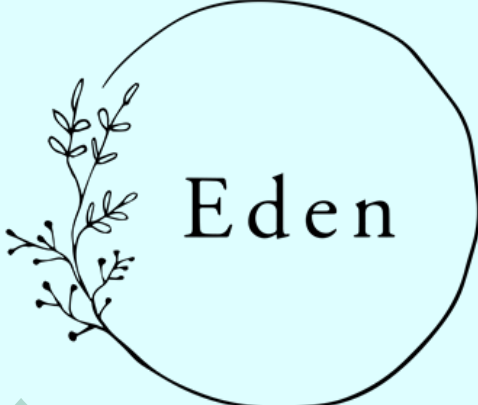
Grief, acceptance and family dynamics

Whether you have journeyed through diagnosis for your child or at the very beginning of the journey this workshop is for you. The process can feel long and lonely and throughout this session we will be talking about the wide range of emotions that can be experienced throughout this journey from grief to acceptance and how family dynamics can be challenged and changed throughout.

Wednesday 14th September

10am-11.30am

For more information or to book a place call 0808 8020 400



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Session TWO

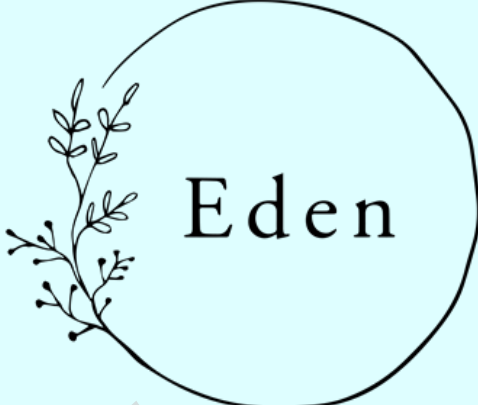
The next steps. What now? The Key things to know, helpful approaches and self regulation

So your child has received a diagnosis or you think they may have a neurodiverse need.

What happens next? Throughout this workshop we will be discussing the key things to know, approaches that should start to become part of your everyday life and how to self regulate when things get tricky.

Wednesday 28th September 10am-11.30am

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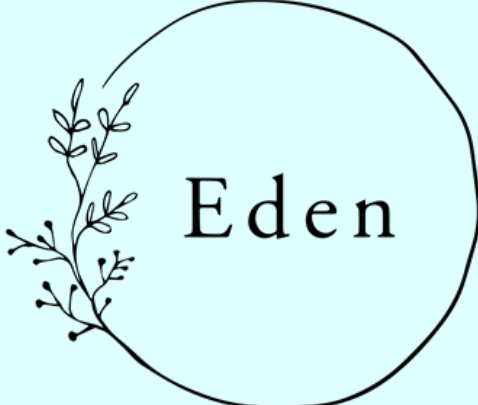
Session THREE

Big life events. How to journey through family changes, holidays, Christmas, birthdays and friendships

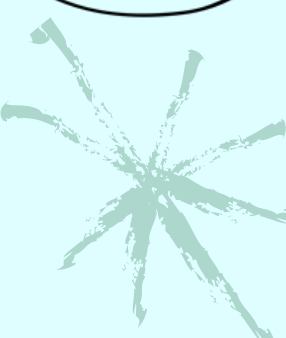
Life is full of big events. Births, loss and grief and many celebrations. Journeying through all of these can be particularly challenging whilst parenting a child with neurodiverse needs. During this workshop we will be sharing top tips on how to approach each of these.

Wednesday 12th October 10am-11.30am

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Session FOUR



What comes next? Puberty and what comes next?

What next can be a scary question to ask as a parent of a child with neurodiverse needs. During this webinar we will be talking about Puberty, employment and what happens next after school.

Wednesday 26th October 10am-11.30am



For more information or to book a place call 0808 8020 400